

The Art of NVC Dialogue

Intermediate NVC workshop

October 8 - 10, 2010

with **Gina Cenciose** (certified NVC trainer & CNVC certification assessor)

& **Peggy Smith** (certified NVC trainer)



In these three full days we will focus on using the NVC dialogue process to deeply connect to our inner selves while verbalizing a living dialogue with others, staying in the flow of authenticity, aliveness and truth.

The space of empathic presence will hold us as we take time to inquire into the thoughts, assumptions and beliefs that can keep us out of the flow of life while dialoguing with others. Many different NVC lenses will be offered to do this group and individual exploration.

This residential workshop is the fourth session of the 2010 Maine NVC Integration Program that is also open to a limited number of others as a stand-alone workshop.

For full bios on the two trainers please see: www.embodyingempathy.com (Gina Cenciose) and www.opencommunication.org (Peggy Smith)

Location: Notre Dame Spiritual Center, Alfred, ME

October 8, 2010: registration 9 – 9:45 am Session begins 10 am

October 9, 2010: 9 – 5:00 with an optional evening empathy circle

October 10: 9 – 3:00

Tuition: \$ 275

Room & Board: \$ 235

Total: \$ 510

Please send registration along with \$100 deposit (Deposit becomes partial payment of Room & Board. Deposit is non-refundable after September 20)

Make Deposit and Room & Board payable to: **Open Communication**

Make Tuition check payable to: **Norman Pasewalk**

mail to **Peggy Smith**, 2807 Atlantic Hwy, Lincolnville, ME 04849

Registration Form: The Art of NVC Dialogue, October 8 – 10, 2010

Please complete and mail to Peggy Smith 2807 Atlantic Hwy, Lincolnville, ME 04849

Name: _____

Email: _____

Address: _____

phone: (h) _____ (c) _____

prior NVC experience: _____

I understand that the tuition fee is \$ 275 which is due by October 1, 2010.

Checks for tuition should be made out to **Norman Pasewalk** – and mailed
c/o Peggy Smith, 2807 Atlantic Hwy. Lincolnville. Me. 04849

Make deposit check payable to **Open Communication**

The remainder of the Room & Board (\$135) is also made out to **Open
Communication**, and mailed to Peggy Smith, 2807 Atlantic Hwy,
Lincolnville, Me 04849 by September 1, 2010